



There's a place
for you at Messiah

Grace Note

Messiah Lutheran Church

5200 Mayfield Road Lyndhurst, Ohio 44124

(440) 442-6941 office@messiahlyndhurst.org

The Rev. Thomas Fox pastor@messiahlyndhurst.org

www.messiahlyndhurst.org

June, 2007

Last evening I sat at our monthly Church Council Meeting. At the end of the meeting I got everybody's attention and shared with them a feeling I had. I told them how truly excited I was about all the things that were going on at Messiah. Now understand, I have been to hundreds of Council meetings in my life and I never said anything like that before. It's not that I haven't been excited about the church before, but I was never before moved to make such a grand pronouncement.

I wanted to share with you just a few things that have me feeling so good:

- ☺ One is our Vacation Bible School. I see a lot of energy and a lot of new ideas coming from our Christian Education team on this project. The intergenerational aspect of the program is truly a great idea. I picture young and old experiencing something new and valuable together. This can bring our congregation together in ways we haven't thought of before.
- ☺ Another is Angel Food Ministry. The Council was presented with a thorough overview of the program at our last meeting and the excitement was there for all to see. This ministry has the potential to reach so many people. I feel it will be a tremendous blessing to our community and to us.
- ☺ On a smaller note I am excited about the little things that happen here. For instance, we have just been given, through an anonymous donor, a brand new Paschal Candle for the altar. This is a large candle that symbolizes the resurrection of Christ. It is used during the Easter season as well as during baptisms and funerals. It is a powerful symbol of the love that Christ has for us.

There is so much to be excited about here. There are new ministries starting, old ministries thriving, young and old are being reached, and the future is wide open. We still have tremendous work to do, but I believe we are on the right track and off to a great start.

Christ is at work. The only question is how will you participate in that work? What role is there for you? Both of the ministries I spoke of previously need a lot of volunteers. There is a place for you on our Angel Food team. There is a place for you in our VBS program. There are countless other opportunities for you at Messiah, some we haven't even thought of yet. It's time to jump in.

I hope you are beginning to feel the excitement that doing God's work can bring. I hope you want to be a part of that excitement. God bless you all.

In Christ's Name,

Pastor Fox

Our Mission Prayer: *Gracious God, through belief in Christ's teachings and through the presence of the Holy Spirit within us, empower us to share the word; care and support each other and God's community; worship as a family in Christ; and be Christ-like examples to those whose lives we touch. Amen*

THANK YOU to our teachers, office staff and substitutes of the Sunday School. They are:

Office: Cheryl Moser, (Super-intendent), Joanie McTernan, Cristen

McCord; Beginners' Department: Karyn Schmidt, Sue McDicken, Jill Jeppe, Patty Csumitta; Intermediate Department: Aimee Swartz, Karen Dlugosz, Lynette and Terry Trentini, Bill and Toni Laurenson, Diana Fox; Junior High: Nancy Pittard; Senior High
And Kids Helping Kids: Sue Joliat;
Adult: Pastor Fox; Messiah's Youth
Choir: Vicki Lester; Substitutes: Lana Beuclar, Kristen Bradshaw.



PLEASE CONTINUE TO BRING IN ITEMS FOR OUR SOLDIERS IN IRAQ. We have shipped 25 boxes so far and the food, socks and hygiene items are greatly appreciated. Please continue to bring in white socks, canned ravioli, chips, beef jerky, ramen noodles, "Easy Mac" or foods for the microwave, fruit cups, and foods with chocolate. Remember that for our soldiers in Iraq, baby wipes in small packages often take the place of a shower! Please put your donated items into the High School classroom. Cash donations to purchase additional items or to help defray shipping costs are always accepted and



appreciated! You can give your donation to Sue Joliat or Nancy Pittard - or you can put them in an envelope marked "for

Iraq shipments" and place them in an offering plate.

VACATION BIBLE SCHOOL IS COMING:

Experience *Galilee By The Sea* from Sunday July 8th through Thursday July 12th from 6:00 until - 8:30 p.m. each evening. This is a wonderfully exciting inter-generational program that will explore what it was like to live in Jesus' time as it provides fellowship for all. A light dinner will be served nightly from 6:00 - 6:30. Please let us know you will be with us by signing up A.S.A.P.!

THE NEXT CHRISTIAN EDUCATION meeting is Tuesday, June 12th at 6:00 p.m.

ATTENTION HIGH SCHOOL SENIORS.

Don't forget to turn in your scholarship forms by June 30th. Applications are available in the church office.

HIGH SCHOOL AND COLLEGE GRADUATES . . . Tell us about your graduations and future plans. Send your news to office@messiahlyndhurst.org.



**OUR SUMMER WORSHIP SCHEDULE
BEGINS ON JUNE 3RD
WITH ONE SERVICE EACH SUNDAY
AT 9:45 A.M.**

**FAITH CIRCLE
ANNUAL POTLUCK SALAD
LUNCHEON**

Thursday, June 21st
at Noon



at home of Chris Nuss: 319 Cobblestone,
Mayfield Heights. (Call for directions: 440
442-0332)

ALL ARE WELCOME

SISTERS OF THE VINE will meet on
Thursday, June 7th at 7:00 p.m. in the
Bride's Room at the church to make plans



Sisters of the Vine

for the next few
months. Messiah
women (members
and visitors) are

invited to join us

as we come together to grow in faith and
fellowship!

**THE MEN'S LUNCHEON THE MEN'S
LUNCHEON** will be held at noon on Friday,
June 22nd at

Milano's (Cuyahoga
County Airport on
Richmond Road).

For information call
Tom Short (216 291-0769).

**MESSIAH'S
MEN'S LUNCHEON**



MARK YOUR CALENDARS . . . The
Hillcrest Band will hold their annual concert
in Messiah's new Courtyard on Tuesday,
August 7th at 7:30 p.m. An Ice Cream
Social will follow. Bring a lawn chair and a
friend! Everyone is welcome!

THE BOOK GROUP'S June selection is *The*

Memory Keeper's

Daughter, by Kim Edwards.

From the back cover: "On a
wintry night in 1964, a
doctor is forced to deliver



his two children. The first is a healthy boy,
yet the girl has Down's syndrome.
Rationalizing that he needs to protect his
wife Norah, Dr. Henry makes a split
decision that will alter all of their lives
forever. He asked the nurse to take the
baby away to an institution and never to
reveal the secret. But Caroline, the nurse,
cannot leave the infant. Instead, she
disappears into another city to raise the
child herself." We will meet Tuesday
evening, June 12, at 7:00 p.m. in the church
library.

NEEDED: SNACKS FOR KIDS From May
27th, through June 24th, the Social Ministry
Committee will be collecting individually
wrapped snacks for kids attending the
Summer Enrichment Program at New
Covenant. Please bring individual size
packages of items such as cookies,
crackers, chips, pretzels, and fruit snacks.
Please do not bring candy or nuts. The
snacks will be delivered to New Covenant on
Monday, June 25th.

OUR CHRISTIAN SYMPATHY is extended
to the families and friends of Walter
Schmidt (Karl's brother), John J. Rieck
(father-in-law of Penny Rieck), and Mary Jo
Bradshaw (Brad's mother). Please
remember them in your prayers.

CONFIRMATION Sunday, Mary 27th was
the Day of Pentecost. Chris Halberg,
Kristen McTernan, and Vince Milner
affirmed their faith in the Rite of
Confirmation. Pray
for these young
people so that we can
be a blessing to them
and they can be a
blessing to Christ's
church.



AMONG OUR MEMBERS

- ♥ **Congratulations to Brad and Kristen Bradshaw** on the birth of Andrew Monte Bradshaw on Thursday, May 3rd.
- ♥ **Jackson Richard Farkas and Samuel Bradley Farkas**, born December 7, 2006, were baptized on April 22. They are the twin sons of Butch and Lissa Farkas. Jack's sponsor was Richard Farkas, and Sam's sponsors were Barb and Craig Ruschmann.
- ♥ **Michael Griffith** received a Masters in Education - Concentration in Curriculum and Instruction - Elementary on May 3, 2007, from Winthrop University in Rock Hill, South Carolina. He is a 6th Grade Social Studies Teacher in Charlotte-Mecklenburg School System.
- ♥ **Bethany Hassink** graduated on May 20th from Valparaiso University with a Bachelor of Science in Nursing. She will start a job on the Orthopedic Unit/Adult at Palos Community Hospital in Palos Heights, Illinois, in July.
- ♥ **Corinne Halberg** will graduate from Mayfield High School among the top 40 in her class. She has received a Presidential Scholarship from Baldwin-Wallace College (Berea, Ohio) where she will major in Theater and minor in Communications (and possibly French).
- ♥ **Melissa Joliat** has been named Teacher of the Year for the Mammoth-San Manuel Public Schools in San Manuel Arizona. For the past three years she has been the choir and band director for grades 7-12 in this rural district. Congratulations Melissa!
- ♥ **Michael Joliat** moved to West Orange New Jersey. He is working for a ticket broker as their Marketing Director. Mike is enjoying a beautiful view of the New York City skyline from his apartment

HERMAN TREU'S RECEPTION . . . I would like to thank everyone who helped with the luncheon reception following Herman Treu's funeral service. The saying - "*Many hands make light work!*" - was definitely the case, especially since we all wanted to attend the service. The Treu family was very appreciative of all our help.

Nancy Durst

PLEASE PRAY for Lisa Perry, Lawson and Phyllis Anderson, Ken Wilt, Barbara Budzinski, Adam, Alma Fanto, Avis Slaven, Theresa Hanson, Mary Ficken, Sharon, Ted Lange, Emily Petrillo, Paul Bright, Jack Ferree, Helene Mac Michael, Olson Kelly, Arlene Cohen-Battling, Lt. Com. Kent Moore and his P3-Wing.



THE LUTHERAN CHAPLAINCY SERVICE 25TH ANNUAL THEATRE BENEFIT will be held Sunday, June 24, 2007 at The Huntington Playhouse at the Metro Parks in Bay Village. The presentation this year will be "Godspell." Curtain time is 2:00 P.M., with an Old Fashion Ice Cream Social immediately following the performance. Ticket donation is \$17.00. To reserve your tickets now, please call the LCS office at 216-737-0800 ex. 201 or 202. This event is sponsored by area Thrivent Chapters.

**MARK YOUR CALENDAR!
SPRING WORK DAY
Saturday, June 2
WE NEED YOU!**



**MESSIAH
WORKDAY**

NEEDED - MEN'S CLOTHING and TOILETRIES These items will be given to 2100 Lakeside, the men's homeless shelter operated by Lutheran Metropolitan Ministry. The following items are needed, especially those starred: men's spring and summer clothing, underwear*, socks*, towels (any size), disposable razors*, toiletries such as deodorant, soap, shaving cream, combs, etc. Items may be placed in the appropriate boxes in the Donation Room. This will be an ongoing project of the Social Ministry committee. Wanda Hansler (216 831-1138)

WELLNESS NOTE

DIABETES AND DEMENTIA: WHAT'S THE CONNECTION?

Need another motivator to manage your diabetes? Read on.

You may already know that if you have type 2 diabetes and you don't keep your blood sugar under control, you're at greater risk of health problems. Diabetes can lead to heart disease, stroke, kidney failure, blindness and amputation. Now there's another risk to add to the list: dementia, including Alzheimer's disease. That's the finding in several new studies on type 2 diabetes. One study involved nearly 23,000 people with type 2 diabetes. It showed that people who didn't control their blood sugar increased their risk of dementia by as much as 78 percent compared with those who did manage their blood sugar. The less their blood sugar was controlled, the greater the increase in risk of dementia. Another study found that people with borderline diabetes were 70 percent more likely than those with normal blood sugar to develop Alzheimer's disease. Add in severe high blood pressure and the risk of

Alzheimer's disease increased by sixfold for these people. Don't let type 2 diabetes rob you of health and happiness in your later years. If you are having trouble controlling your blood sugar, talk to your doctor to develop a new strategy that will work for you.

Source: Mayo Clinic HealthQuest, Dec. '06
Submitted by: Peg Wilt and Kathy Strom,
Wellness Co-chairpersons,
Nancy Coleman, Secretary



MAY 2007

Social Ministry members, Jill Levine and Lorie Marsalis, presented a video and proposed plan for the implementation of the Angel Food Ministry at Messiah. It was moved by Nancy Durst, seconded by Elise Hassink, that Messiah become a host site for Angel Food Ministry. Motion passed.

Pastor's Report: Pastor Fox reported that he made 11 hospital visits, five home visits, and had five visits in the office. He conducted a funeral service for Herman Treu, and a graveside service for Joseph Strom's mother.

Treasurer's Report: Chris reported that Net Income to date is \$8,000 over budget. Pledge income in April was \$17,000 - partially due to Easter, a large pledge donation, and that there were five Sundays in April. We are entering the summer season when income traditionally drops.

Christian Education: Vacation Bible School will be from July 8 - 12, beginning with a light supper at 6:00 p.m. and moving to a program for adults and children from 6:30-8:30 p.m.

Youth: The group had an overnight at Messiah on May 11th, including bowling. Fred and Cheryl Moser, Joanie McTernan, and Pastor participated.

Fellowship: The golf scramble will be at Berkshire Hills in Chesterland on Saturday, August 25. Dinner, weather permitting, will

follow at Swartz's. Sign-up for the golf scramble continues through the end of May.

Choir Director: It was moved by Tom Short, seconded by John Swartz, that we offer the position of Choir Director to Vicky Lester. Motion approved.



Have you ever wondered...

- What was it like to live in Bible times?
- What did families do for fun back then?
- Why did huge crowds want to listen to Jesus?

Find the answers to these questions and more at:

Galilee
BY-THE-SEA

Vacation Bible School

Evenings: Sunday, July 8–Thursday, July 12

6:00pm: we will gather for a light supper

6:30-8:30pm: Bible-times VBS!

This year's VBS promises to be a congregational EVENT! It is designed for participants of all ages... not just for the kids! There is a role for each of you to play... please consider joining in the fun!



How long has it been since you went to summer camp.....

Remember crafts, songs, snacks and spending time with your friends!

It's never too late to bring back all that fun and excitement - plan for your whole family to attend VBS 2007. Galilee By-the-Sea transports everyone- your children, their families, and volunteers - to the shore where Jesus taught...healed...and shared new life with those who followed him. Experience the Bible in a fresh, new way. And take your kids where they'll do more than hear about Jesus...they'll meet him. Transform the hearts of your children and their families.

Sunday July 8 - Thursday, July 12

6:00pm- 6:30pm: Dinner

6:30pm- 8:30pm: Vacation Bible School

Catch Jesus in Action

VBS - This year it's for all of us!!

Angel Food Ministries



*“A Food Ministry With A
Servant’s Heart”*

JUNE 2007 MENU

- | | |
|---------------------------------------|-----------------------------------|
| (1) 2 lb. Salisbury Steak Dinner | (1) 16 oz. Sliced Frozen Carrots |
| (1) 2 lb. St. Louis Ribs | (1) 16 oz. Corn |
| (1) 2 lb. Chicken Tenders | (1) 24 oz. Steak-Cut French Fries |
| (1) 18 oz. Stuffed Manicotti | (1) 8 oz. Corn Muffin Mix |
| (8) 4 oz. Country Fried Beef Steaks | (1) 1 lb. White Rice |
| (1) 2 lb. Chicken Breast Fillets | (1) 14 oz. Peanut Butter |
| (1) 6.5 oz. Lasagna Hamburger Dinner | (1) 10 ct. Waffles |
| (1) 7.5 oz. Ranch & Bacon Pasta Salad | (1) Each, Dessert Item |
| (1) 16 oz. Pinto Beans | |

ALL THIS FOR THE LOW COST OF JUST.....\$25.00

One or More Specials Available Only with the Purchase of a Regular Box

JUNE SPECIAL #1

- 5.5 lb. Grill Box \$18.00**
 4 8-oz. New York Strips
 1 1-lb. Italian Sausage
 4 6-oz. Pork Chops
 1 1-lb. Chicken Breast Fillet

JUNE SPECIAL #2

- 5.5 lb. BBQ Box \$18.00**
 4 6-oz. Baseball-cut Sirloin Steaks
 4 4-oz. Bacon-Wrapped Sirloin Fillets
 4 4-oz. Steakburgers
 2 lbs. Beef Back Ribs

JUNE SPECIAL #3

- 10 lb. Chicken Combo \$17.00**
 2 lbs. Wings
 2 lbs. Breaded Tenders
 2 lbs. Breaded Nuggets
 2 lbs. IQF Boneless/Skinless Chicken Breast
 2 lbs. Breaded Frying Chicken

	Order dates	Pick-up date
May	Saturday May 26: 10:00 am-12:00 pm	Saturday June 30 10:00 am-12:00 pm
	Sunday May 27: 9:30 am -10:00 am & 12:00 pm-1:00 pm	
June	Sunday's: June 3 & 10: 10:45 am- 12:00 pm	

Angel Food Ministries reserves the right to substitute any of the above Items due to availability, cost and quality.